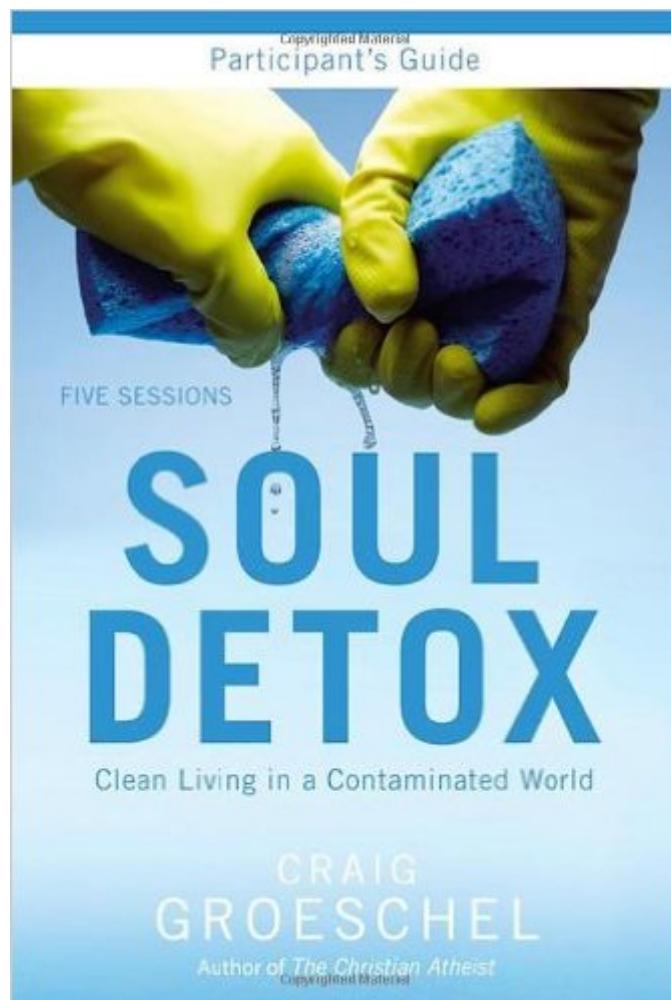


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Soul Detox Participant's Guide: Clean Living In A Contaminated World



Synopsis

In the five-session small group Bible study, Soul Detox, pastor and best-selling author Craig Groeschel sheds light on relationships, thoughts, and behaviors that quietly compromise our wellbeing. Using concise teaching and honest humor, Groeschel provides a source of inspiration and encouragement for a faith-filled lifestyle that will keep you free of spiritual toxins. More than an educated, insightful look at the negative aspects of our day-to-day culture, this grace-based experience challenges you out of complacency andÂ into a life of clean, pure, and focused living based on the standard of Godâ™s holiness. This Participant Guide provides individual and group activities, between session personal studies, and additional background material that will enhance the experience of the DVD and church campaign (sold separately). Sessions include: 1. Lethal Language: Experiencing the Power of Life-Giving Words2. Scare Pollution: Unlocking the Chokehold of Fear3. Radioactive Relationships: Loving Unhealthy People without Getting Sick4. Septic Thoughts: Overcoming Our False Beliefs5. Germ Warfare: Cleansing Our Lives of Cultural Toxins Soul Detox can be used in a variety of ways â“ as a whole church campaign (adult congregation), adult Sunday school, small group study, or individual Bible study.Â The DVD (sold separately) contains five 10-15 minute video teaching sessions from pastor Craig Groeschel and the Participant Guide provides individual and group activities, between-session personal studies, and additional background material that enhances the experience of the video sessions.

Book Information

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Customer Reviews

This emerged from a teaching series by Craig and his team. The book exceeds the content of the

series which can be downloaded. In fact if you were to preach this series the book provides great content. If you're reading this book for the sake of growing your faith, dealing with your thought life, negativity etc this book will help. Great job Craig!

The guide provides 1) A great overview of the corresponding chapter in the book, 2) A perfect lead in for the Video 3) Thought provoking questions for small group discussions and 4) Personal Devotion during the week to help with material digestion and life change. Our group rated this series as one of the best we have used in 4 years.

If leading a small group, I very much recommend the Participant's Guide. It is much better than only attempting to read the chapter in the book, to glean something to compliment the DVD sessions. Blessings

If the goal is to teach yourself how to clean out your mind of all the junk that you have allowed in, then this is the perfect book for you. Just don't forget about your Bible :) Right away I used this to as a tool to stop craving death (smoking, drinking, etc.). It worked! It worked better than I had hoped :)

We used this book as part of our women's group bible study and definitely worth getting and reading. We watched the video that the church provided in our sessions and I had purchased the workbook/guide to go with it. The only thing is that the video did not go in the same order as the book and it was difficult to go along with the workbook. Otherwise, very worthy of purchase and subject matter.

The book itself was excellent! If only some of the "life long" Christians that many have distanced from actually absorbed the contents of this book, the local area would be most improved. It's a very bad idea during a discussion of a chapter for the "leader" of said discussion decide to talk about "the evils of homosexuality" when a gay person known well to her is sitting next to her. It was mean, aggressive and personal. Those that squawk the loudest.....

This was nice to have, but not necessary for this series if you're leading a group through this curriculum. Feel free to buy it, but not obligated unless you want homework throughout the week.

This Participants Guide is easy to confuse for the actual Soul Detox BOOK. I made the mistake of

ordering this believing it WAS the book. I realized this after it arrived in the mail....so, to help those of you looking for the book, THIS ISN'T IT.

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